

長期接觸二手煙及三手煙，
會影響小朋友發育及引致
呼吸系統疾病、心臟病、
中風，甚至癌症。

Long-term exposure to secondhand smoke and
third-hand smoke can impact children's
development and growth, and lead to
respiratory diseases, heart diseases,
stroke, and cancer.



一「點」煙 禍害蔓延
Smoking Causes Endless Harm

你揀家人，定揀——？

Family or tobacco, which would you choose?

一手煙

「點」煙 禍害蔓延

Smoking Causes Endless Harm

二手煙

你揀家人, 定揀支煙?

Family or tobacco, which would you choose?

三手煙

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戒煙熱線
Quitline

1833 183



www.smokefree.hk



[wisemike_hk](https://www.instagram.com/wisemike_hk)

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香港吸煙與健康委員會
HONG KONG COUNCIL ON SMOKING AND HEALTH